



## **Sarah Hallsky**

Sarah Hallsky has served on the Board of Trustees since mid 2009 and is a member of the Public Policy and Marketing committee. Sarah holds a Masters Degree in Health Promotion and is a Certified Health Education Specialist. She is employed as a Health Educator and Public Information Officer at the Portage County Health Department, located in Ravenna, Ohio. Additionally, Sarah teaches in the Integrated Health Studies Program at Kent State University.

As a Kent State University student, Sarah became involved in mental health promotion activities through University Health Services. She served as a member of the KSU Suicide Prevention Coalition and presented mental health issues to University Orientation students. As an undergraduate, she was awarded a grant to produce suicide prevention materials that she had created. As an employee of the health department, Sarah attended a Coleman Ambassador's Breakfast where she learned more about Coleman. As a trustee, she plans to further her involvement in promoting mental health services within the community.

Sarah lives in Stow, Ohio and spends her free time outside enjoying cycling, running and kayaking. Sarah can be reached at [shallsky@portageco.com](mailto:shallsky@portageco.com) or by visiting the Portage County Health Department website, <http://www.co.portage.oh.us/healthdepartment.htm>.