

Fall 2009



COLEMAN PROFESSIONAL SERVICES

VoluntEar

VoluntEar Spotlight

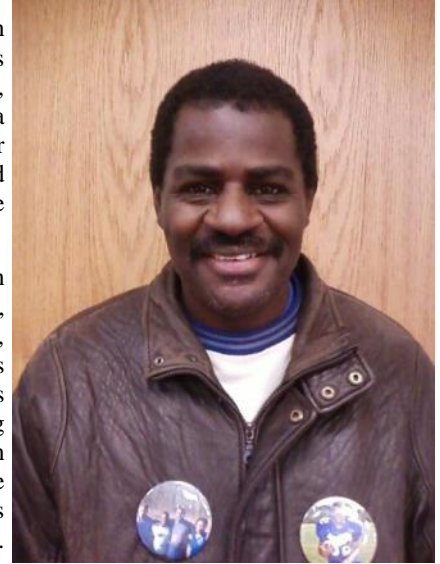
Demetrius Spikenard

“Volunteering gives me a chance to help people. It makes me feel good knowing I’m making a difference,” says Demetrius Spikenard about the important work he does at Coleman Professional Services. Not only does Demetrius serve on the board at Coleman, he also volunteers selflessly in the Options program. The Options program is a psychosocial rehabilitation program that focuses on community support and recovery. The program places a high value on providing individuals with mental illness with opportunities to participate in reintegration through education, support and skill building. All group work is focused on raising individual awareness and lowering dependency on the mental health service system. There is no task too great or too small for Demetrius. He brings the same great smile and positive attitude he’s known for to each volunteer activity. Whether it’s creating policies and sharing ideas at board meetings or mentoring clients and

cleaning tables in the Options program, Demetrius has a great knack for spotting a need and ensuring the need is met.

Growing up in Memphis, Tennessee, Demetrius enjoyed sports and watching Sanford and Son with his three older brothers and one sister. After moving to Ravenna and starting a family of his own, Demetrius was able to pass his love for sports down to his children LaTanya, Keiara and Demetrius. “Keiara is active in basketball, softball, and the band. Demetrius is a talented basketball and football player while LaTanya is working hard in nursing school back in Memphis”, the proud father explains.

When he’s not spending time with his family, Demetrius can be found volunteering at Coleman Professional Services,



Demetrius Spikenard, Valuable Volunteer

Haven of Rest, or with his church, New Life Faith Ministries in Ravenna. An active congregant, Demetrius helps to clean the church and assists with the church finances. This talented, dedicated community member continues to serve wherever he is needed. Demetrius finds comfort in knowing he is lifting the burden off of others through his service.

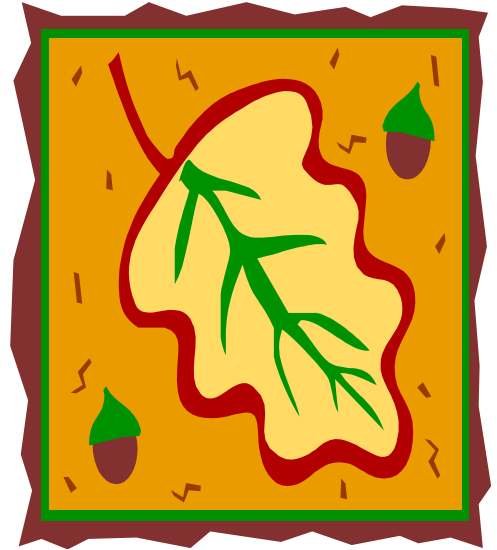
Not only is volunteering a great way to help others, it’s also a wonderful way to obtain new skills! Through

 **COLEMAN**SM
Professional Services

Volunteers Needed for Thanksgiving Dinner



The annual Thanksgiving dinner for Coleman Behavioral Health clients and their families will be held on Monday, November 23, from 5:00-7:00pm at the First Christian Church, 335 West Main Street, Kent. This amazing event is an occasion to honor and thank consumers and their families for selecting Coleman Behavioral Health as their mental health provider. For some consumers, this dinner is the only opportunity they will have to enjoy a Thanksgiving feast. If you would like to be a part of the festivities, please call or email Jennifer Wallace at (330) 676-6949 or jennifer.wallace@coleman-professional.com. Donations of food, decorations and time are accepted.



VoluntEar Spotlight, Demetrius Spikenard continued



(continued from page 1) his volunteer work in the Options program, Demetrius has learned valuable computer skills from classes led by volunteer interns. Now as a computer savvy volunteer, he's able to assist clients in utilizing the computer lab that is located in the Options room in Ravenna.

If you are interested in learning new skills while making a difference in the

community like Demetrius, please consider becoming a valuable Coleman Volunteer! There are a variety of opportunities to serve. Please contact Jennifer Wallace for additional information: jennifer.wallace@coleman-professional.com

Volunteer Appreciation Luncheon Date Changed



Inclement weather, holiday stresses and previous commitments were concerns voiced by most volunteers when discussing the Annual Coleman Volunteer Appreciation Luncheon held in December. For these reasons, the celebration for volunteers will be moved to the Spring. Thank you for your valuable feedback! You are appreciated!



Jimmy Wyatt,
2008
Volunteer of the Year

Coleman Professional Services

Kent Building

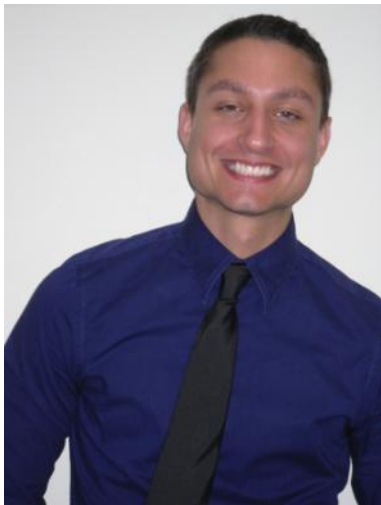
5982 Rhodes Road

Phone: 330-673-1347

Toll Free: 1-800-673-1347

Fax: 330-678-3677

**Why intern
with Coleman
Behavioral
Health,
Mike Andorka?**



"I wanted to experience an internship site that might be challenging yet rewarding. Additionally, I wanted to work with an agency that encourages collaboration with other mental health specialists and professionals. Lastly, I wanted the opportunity to help those in need."



Coleman Professional Services is a nationally recognized not-for-profit provider of behavioral health and rehabilitation programs that improves the lives of individuals, families and businesses in Northeast Ohio. The company relies on an Enterprise Business Model to diversify its funding. Coleman's foundation and four enterprise companies produce more than 25 percent of the company's funding for its award-winning program.

Volunteer Tidbits



REPORT HOURS—Remember to submit your volunteer hours each month.

Coleman Adult Day Services

Madeline Hakin
(330) 296-3214

**Executive Office
Kent Building**
(330) 673-1347

ABSENCES—We count on you. If you are unable to volunteer at your assigned time, please phone your work site directly to make appropriate arrangements.

**PSR Options
Program**

Deb Carl
(330) 676-8002

**Jennifer Wallace,
Volunteer Coordinator**
(330) 676-6949